I CLAIM:

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- 1. A swing comprising:
 - a seat unit including

front and rear connecting rods extending in a longitudinal direction,

two spaced apart armrest frames extending in a transverse direction relative to said longitudinal direction, one of said armrest frames having an upper part, and front and rear parts extending downwardly and respectively from two opposite ends of said upper part and connected respectively to said front and rear connecting rods,

first and second pivot pins,

a seat frame disposed above said front connecting rod between said armrest frames, and including a side part adjacent to said one of said armrest frames and having opposite front and rear ends.

a backrest frame disposed rearwardly of said seat frame, and including a side part having a lower end disposed below said seat frame, an upper end opposite to said lower end, and an intermediate portion pivoted to said rear end of said side part of said seat frame through said first pivot pin and to said rear part of said one of said armrest frames through said second pivot pin, which is disposed at an elevation above said first pivot pin and which

is parallel to said first pivot pin, and

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a position adjusting member including a guiding rail that is secured to said one of said armrest frames, that is disposed between said front and rear parts of said one of said armrest frames, and that is formed with a plurality of spaced-apart retaining grooves, a sliding member connected securely to said side part of said seat frame for co-movement therewith and defining a rail passage that permits extension of said guiding rail therethrough so as slidable on said guiding rail, spring-biased latch that is mounted on said sliding member and that has an engaging end extending into said rail passage in said sliding member and engaging releasably a selected one of said retaining grooves in said guiding rail so as to prevent sliding movement of said sliding member and said seat frame on said guiding rail; and

a support unit including an upright support frame having opposite top and bottom ends, and left and right suspending members having upper ends connected swingably to said top end of said support frame, and lower ends connected swingably and respectively to said seat units.

25 2. The swing as defined in Claim 1, wherein said sliding member is in form of a tubular member, said position adjusting member further including a latch-holding 5

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tube that projects radially and outwardly from said tubular member, that defines a spring-retention space in spatial communication with said rail passage in said tubular member, and that permits extension of said latch therethrough, a cap mounted co-axially on said latch-holding tube, compression spring disposed within said springretention space and abutting against said cap, said latch extending through said cap, said latchholding tube and said compression spring and into said rail passage, and being formed with an abutting flange that projects radially and outwardly therefrom, that abuts against said compression spring and that is urged by said compression spring to move toward said guiding rail, said latch further having a threaded operating end opposite to said engaging end and disposed above said latch-holding said position adjusting member including a pull knob fixed on said operating end of said latch so as to facilitate pulling of said latch away from said tubular member against urging action of said compression spring for disengaging said engaging end of said latch from the selected one of said retaining grooves in said guiding rail, thereby permitting sliding movement of said seat frame and said tubular member on said guiding rail.

3. The swing as defined in Claim 2, wherein said guiding

rail has a top surface formed with said retaining grooves, each of said retaining grooves having a triangular cross-section and being defined by a groove-defining wall that has a vertical front wall portion that extends inwardly and transversely from said top surface of said guiding rail, and an inclined wall portion extending rearwardly and upwardly from a bottom end of said vertical front wall portion to facilitate removal of said engaging end of said latch from one of said retaining grooves in said guiding rail to a desired one of said retaining grooves.